Appendix 1: Quick reference guide

Equipment required for catheterisation:

All catheterisations must have the CAUTI insertion bundle in the patient’s notes.

1. Catheterisation pack (content varies, but should at least contain): - one sterile drape - one bowl with swabs - one pair of sterile gloves

2. Sterile catheter Selection of appropriate catheters; it is advisable to take a spare catheter in addition to the one you want, and one of a different/smaller size (non-coated, hydrophilic or prelubricated)

3. Sterile (anaesthetic) lubricating jelly (syringe 10-20 ml)

4. Disposable pad for bed protection

5. Container of sterile water of 20 ml for hydrophilic catheter if not pre-packed

6. Universal specimen container, if required

7. Cleansing solution 10 ml (disinfectant or sterile or non-sterile water and soap)

8. Bactericidal alcohol hand disinfection and one pair of clean gloves

9. Catheter drainage bag or sterile receptacle for urine

Do not forget to put the patient on a Daily Ongoing catheter management plan.

REMEMBER NO CATHETER NO CAUTI – REVIEW THE NEED FOR THE CATHETER DAILY AND REMOVE AS EARLY AS POSSIBLE.