All women following an assisted delivery, an LSCS or who have been unable to pass urine post delivery MUST have a fluid balance chart completed for 24 hours whilst an inpatient.

If a minimum of 200mls of urine is passed and bladder feels empty, no further action. Encourage pelvic floor exercises.

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Unable to PU

Passed a minimum of 200mls

Ask mother to try to void urine?

Passed urine <150mls

Scan Bladder

Residual? residual is less than 150mls

If residual is less than 150mls, rehydrate and document next time patient pu's

Insert Foley catheter, obtain a CSU.

Residual >150mls

Inform Obstetrician to discuss further management plan

Recommended practice
Leave foley catheter in situ for 14 days to rest bladder.
Arrange appointment in maternity uroflow clinic (weds mornings mobile no. 07917050533) for catheter removal and bladder scan
Complete referral form
Document management plan in notes